Maintaining JSBSwim Social Distancing for the foreseeable future - Revised

(We will be operating at a reduced capacity)

- No blue shoe covers provided please remove your shoes
- <u>Handwashing</u> you must wash your hands in the entrance room sink on entering premises
- Maximum 2 swimmers every 30 minute lesson, plus 1 accompanying adult per child (Others can wait outside, or in the car))
 - Arrive in swimwear please to avoid having to use the changing room
- <u>Changing Room</u> Please take no longer than 5 mins (10 mins with child and adult) to get changed after your lesson if you need to use this room
- Clothes in changing room Please put your clothes in your own bags when not worn
 - Nappy changing mats please bring your own
 - **Shower** this will be out of action
 - <u>Sitting and waiting on poolside</u> There will be 1 waiting chair on each side of the pool if you want to use it
- Your teacher will not teach in the water under any circumstances they will teach
 from the side
 - A nervous child may be accompanied by a parent/adult in the water
 - In the pool Each swimmer (plus adult) must stay on their side of the pool
- <u>Daytime baby/toddler lessons</u> each swimmer must have an adult with them in the
 water as normal, and stay on their side of the pool. The teacher will teach from the
 side. Toys will be kept to a minimum, must not go in child's mouth, and there will be
 less singing
- <u>Equipment</u> will be used sparingly and thoughtfully by us, and will be sanitised after every lesson by the chlorine in the pool. You may choose to bring your own equipment from home.
- Cleaning Every half hour all heavy traffic areas will be disinfected by your teacher.
 - <u>Drinks, Toys & Books Please bring your own</u>

• Online payments only